

# Poetry in the Pinetum



"Each step brings a fresh breeze.  
Each step makes a flower bloom."  
—Thich Nhat Hanh, *Kiss the Earth*

## Evergreens & Ethereals!

Enjoy a meditative nature walk and writing workshop — an early Spring celebration of

The Montgomery Pinetum will be peppered with inspiring poems. Come experience the unique history among an abundance of evergreens, tour the warm greenhouse, and orient yourself on the woodland trails of Pomerance Park.

Our local green spaces are wonderful resources for contemplation, healing, and conciliation. Even the smallest container or windowsill garden, local park, or plantings on institutional grounds can offer a path for creative communication, if we can notice growth with a sensitivity to nature's language. Together we can greet our challenges in civic ecology with courage, care, resilience and understanding, as storytellers, healers, activists, and peacemakers.

With simple nature writing prompts and planting exercises, maybe this will be the year you will:

- 🌿 Dedicate regular time to mindful nature observation for your health and well-being
- 🌿 Start a reflective poetry practice
- 🌿 Try hands-on care of plants and journal your progress

### Teachers, Caregivers & Parents Poetry with Plants Workshop

You take care of others, let nature take care of you for a day

**January 21, Martin Luther King Jr. Day**

**10:00am -11:30**

Planting & Observing Indoor Ethereals: take home a Paperwhite

### Parents and Children Poetry with Plants Workshop

**Feb 18, President's Day**

**10:00am -11:30**

DIY Terrariums! Look closer, notice and explore together.

Register by Feb 1st, recommended for ages 4 and up

### All Ages Family Self-Guided Poetry Walk in the Pinetum

**April 6, Celebrate Earth Month and Poetry Month!**

**10:00am - 11:30** Wild words and wildflowers



In 2019  
I will notice  
Growth



"Oh what tremendous  
multitudes, invisible and  
ever-changing, come to this  
garden and linger forever!"  
-Federico García Lorca

Location: 130 Bible Street, Cos Cob, CT at The Greenwich Botanical Center, a non-profit volunteer organization dedicated to promoting horticulture, conservation and the arts through educational programs, outreach activities and special events. Register at [GreenwichBotanicalCenter.org](http://GreenwichBotanicalCenter.org) or call 203.869.9242



Poetry in the Pinetum is facilitated by Deanna Novak, coordinator of the Access Nature Program at the Lewisboro Land Trust, and is part of the Concrete Poetry Project. Join us as we cultivate a sense of place in nature with poetry! [ConcretePoetryProject.com](http://ConcretePoetryProject.com)

