MENU PLANNING SUBCOMMITTEE MINUTES GREENWICH PUBLIC SCHOOLS

DATE: 4-12-19

PLACE: Havemeyer Building, 290 Greenwich Avenue, Greenwich, CT 06830

IT Room

ATTENDANCE: Lorianne O'Donnell (BOE)

John Hopkins (BOE)

Dave Nanarello (BOE)

Jayne-Marie Lockett (BOE, absent)

Nerlyn Pierson (PTAC Health and Wellness co-chair)

Lisa Suriano (on phone) Sara Seidelmann, MD

Elissa Diamond-Fields, DC (PTAC Health and Wellness co-chair)

Stephanie Knuth

1. Meeting Opening

Call to Order - 9:12 am

2. Menu Planning Group Discussion

Minutes from the 4-5-19 meeting were approved.

Draft guidelines were shared (see attached) and feedback was provided including adding reference to GPS current workers and eliminating "highly" processed meats, artificial additives and chemical preservatives.

John shared information from the <u>Center for Good Food Purchasing Program</u> and noted that they have schools in their program and on the National School Lunch Program. There was discussion about how to make use this program going forward. John will reach out to the Center for additional information.

There was inquiry as to how the new food guidelines (that this committee is drafting) will be shared as well as interest in the District's Wellness practices. Lori shared the references to the <u>BOE policy E-051 Other District Administrative Operations</u> and the supporting procedure of <u>Wellness – Nutrition and Physical Activity</u>. The committee was informed that the wellness policy is a requirement of the National School Lunch program. There was also discussion of improving educational programming to include nutrition programs like <u>Veggiecation</u> or Sprouts (a parent led healthy awareness program).

Lori provided next steps on a draft communications and will share the document in app. 2 weeks.

Next steps include the following:

- Circulate draft communications
- Contact Center
- Revise/edit guidelines
- Dave to gather preliminary menu planning information (with Lisa's help)

3. Adjournment

Meeting ended at 10:12 am

Respectfully submitted, Lorianne O'Donnell