

**MENU PLANNING SUBCOMMITTEE MINUTES
GREENWICH PUBLIC SCHOOLS
FINAL**

DATE: 3-29-19

PLACE: Havemeyer Building, 290 Greenwich Avenue, Greenwich, CT 06830
IT Room

ATTENDANCE: Lorianne O'Donnell (BOE)
John Hopkins (BOE)
Dave Nanarello (BOE)
Jayne-Marie Lockett (BOE)
Nerlyn Pierson (PTAC Health and Wellness co-chair)
Lisa Suriano (absent)
Sara Seidelmann, MD
Elissa Diamond-Fields, DC (PTAC Health and Wellness co-chair)
Stephanie Knuth (joined at 9:24 am)

1. Meeting Opening

Call to Order – 9:19 am

2. Menu Planning Group Discussion

The team discussed the goals of the committee which included creating guidelines as the foods we want serve to help inform what the menus could look like. Understanding the community's expectations will be instrumental to the annual food bidding process and any RFP drafting. Discussions included themes and ideas like healthy food for all students, nutritional, whole, and "clean" foods on a properly balanced plate (fruit, vegetable, dairy), whether the guidelines should apply to snacks, reviewing principals' policy on dessert purchases, looking at districts for food and meal models (e.g. locally sourced, organic, eliminating pesticide exposure, whole food based meals), and establishing guidelines both on NSLP (National School Lunch Program) and off of the NSLP. The committee was asked to first think "outside the box" even though we are all aware of the constraints in an effort to revamp what we would like for the District and later, we can engage in discussion on what is realistically possible.

The team asked questions to help orient the discussion. Information like meal price points (including a la carte items for items from outside vendors), serving sizes, suppliers, bid pricing process, organic versus conventional sourcing prices, free and reduced meals, and [survey feedback](#) was shared.

Handouts included the NSLP Menu Planning for K-12, the District's Elementary April menu, the District's Middle School menu, and the NSLP 5 day lunch meal pattern.

Next steps include the following:

- Each committee member should bring their ideas for guidelines for discussion at next meeting
- Next meeting the team will discuss a draft communications of our work to the community

3. Adjournment

Meeting ended at 10:10 am

Respectfully submitted,
Lorianne O'Donnell