

# APRIL

## Elementary Schools



**Lettuce** Eat Our Greens!  
We will be featuring a different local product each month this year through the Put Local On Your Tray project

Unlimited Fruits & Vegetables included with your Meal



**Available Daily**

- Whole Wheat Bagel w/ String Cheese & Stonyfield Organic Yogurt
- Sun Butter & Jelly Sandwich
- WG Cereal w/ String Cheese
- Fruit, Granola & Yogurt Parfait
- Our Homemade Hummus<sup>GF</sup> w/ Crunchy Tortilla Chips  
Fresh made Sesame Free Hummus

### MONDAY

**1**  
French Toast Sticks w/ Turkey Breakfast Sausage  
  
Grilled Chicken<sup>ABF,GF</sup> Caesar Salad w/w/out Whole Grain Croutons

**8**  
Crisp Waffles w/ All Natural Chicken Breakfast Sausage  
  
Crispy Chicken Filet Sandwich<sup>ABF</sup>



**22**  
Buttermilk Pancakes w/ All Natural Chicken Breakfast Sausage  
  
Fresh Egg & Cheese Sandwich<sup>FS</sup> w/w/out Bacon

**29**  
French Toast Sticks w/ All Natural Chicken Breakfast Sausage  
  
Grilled Chicken<sup>ABF,GF</sup> Caesar Salad w/w/out Whole Grain Croutons

### TUESDAY

**2**  
Taco Salad<sup>FS,GF</sup> served with All the Fixings  
  
Fresh Egg & Cheese Sandwich<sup>FS</sup>

**9**  
Beef Nachos & Cheddar Cheese<sup>FS</sup> served with Whole Grain Corn Tortilla Chips<sup>GF</sup>  
  
Hot Ham & Cheese Croissant



**23**  
Crispy Chicken Filet Sandwich  
  
Bosco Cheese Stuffed Bread Stick. Served w/ Non GMO Marinara Sauce

**30**  
Beef Nachos & Cheddar Cheese<sup>FS</sup> served with Whole Grain Corn Tortilla Chips<sup>GF</sup>  
  
Teriyaki Chicken Quarter<sup>ABF</sup> with Vegetable Fried Rice

### WEDNESDAY

**3**  
Baked Ziti with Homemade Non GMO Tomato Sauce<sup>FS,V</sup>  
Served w/ Garlic Toast  
  
Crispy Chicken Drumstick with Garlic Toast

**10**  
Pasta with Homemade Meat Sauce<sup>FS</sup> with Garlic Toast  
  
Italian Combo Sub Sandwich featuring Board's Head cold cuts



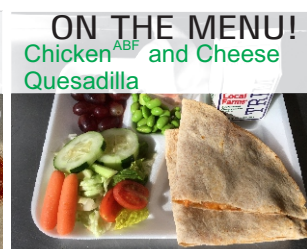
**24**  
Spaghetti Marinara with Homemade Meatballs<sup>FS</sup> with Garlic Toast  
  
Crispy Chicken Drumstick with Garlic Toast



### THURSDAY

**4**  
Hummel Bros. All Beef Uncured Hot Dog<sup>NNF,GF</sup> on a Bun served w/ Oven Baked Fries  
  
Broccoli and Cheese Stuffed Baked Potato<sup>FS,GF,V</sup> served with WW Dinner Roll

**11**  
100% Ground Beef Hamburger or Cheeseburger<sup>FS,GF</sup> served w/ Oven Baked Fries  
  
Home-Made Chicken Noodle Soup served w/ warm Whole Wheat Roll



**25**  
Steak and Cheese served on WW Club Roll  
  
Baked Chicken Tenders<sup>ABF</sup> with Dipping Sauce and Whole Wheat Roll

### FRIDAY

**5**  
Fresh Made Pizza Non GMO Marinara Sauce & Shredded Mozzarella Cheese<sup>FS,V</sup>  
  
Grilled Cheese Sandwich<sup>V</sup> with Tomato Soup

**12**  
Fresh Made Pizza Bagels Non GMO Marinara Sauce & Shredded Mozzarella Cheese<sup>FS,V</sup>  
Baja Fish Sticks with Tartar Sauce. Served with Garlic Toast



**26**  
Homemade French Bread Pizza<sup>FS,V</sup>  
  
Chicken<sup>ABF</sup> and Cheese Quesadilla

Included with your entree, unlimited fresh fruit and vegetable cups, fresh local skim milk, 1% milk and skim chocolate milk offered daily. Gluten Free choices (available without a bun) are designated with a "GF" symbol. Hormone and antibiotic free choices are designated with a "ABF" symbol. Nitrate and nitrite free choices are designated with a "NNF" symbol. From Scratch choices are designated with a "FS" symbol. Vegetarian choices are designated with a "V" symbol. Menu subject to change.

**YOU'RE GETTING WARM.**

One of the best ways to avoid getting hurt – playing a sport, in gym class, and even on the playground – is to stretch out a little first and start off slowly before you go all out.

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**