

Greenwich Food Services

Did You Know?

- All of our sliced deli meats are Boar's Head brand, which contain no gluten, artificial colors or flavors; no MSG added, fillers or by-products, or trans fat.
- Our Hummel Bros. All-Beef Frankfurters are uncured and nitrate-free.
- We exclusively use Whole-grain/Whole-muscle Chicken Tenders.
- We serve only fat-free unflavored, 1% unflavored, and fat-free flavored milks. TruMoo brand Chocolate Milk contains less sugar, sodium, and calories than industry standards.
- Our beverages contain 100% fruit juice - no food colors or flavor additives.
- Students have a great selection and variety of fruits and veggies to choose from. The portion sizes of fruits and vegetables are larger too.
- Working with our vendors, we source locally grown produce in season when available.
- A wide variety of unlimited fresh vegetables are offered daily with special weekly offerings of healthy dark green and red/orange veggies as well as beans and other legumes.
- Our daily unlimited Rainbow Fruit tray selections offer a wide variety of fresh fruits and weekly special selections in-season. For example, grapefruit wedges, orange halves, watermelon, strawberries, pears, bananas, clementines, and cantaloupe, etc.
- Frozen veggies are limited to corn, peas, and edamame and oven baked potato options.
- All grain foods we serve are whole-grain rich with the exception of pasta, which for quality purposes remains the same and a kids favorite.
- All meals average less than 10% of calories from saturated fat and every item contains zero trans fat.
- We meet USDA guidelines for limiting sodium to reach a maximum of 740mg per meal on average.
- We have raised the quality and limited the number of snack "extras" options. For example, Rice Krispie treats and General Mills cereal bars are no longer a K-8 offering. All Frito Lay chips have been pulled from elementary schools. Ice cream offered to grades 2-5 are free from high fructose corn syrup, artificial colors and nuts.
- Yogurt parfaits with fresh fruit in season and nut-free granola are offered every day in both elementary and middle schools as a meal or an a la carte snack.
- We conduct regular surveys on both students and parents and work closely with the Parent Teacher Association Council (PTAC) Health & Wellness Committee, to make continual improvements to our foodservice program.

