

# Plant Forward Continuum

100% Animal-Based Protein

100% Plant-Based Protein

M/MA\*  
Traditional  
Animal-Based  
Protein

M/MA  
Includes  
Creditable  
Plant-Based  
Protein

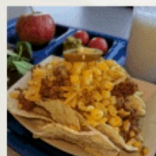
M/MA  
at least 50%  
Plant-Based  
Protein

M/MA  
100%  
Plant-Based  
Protein

Protein  
Source  
Examples



School  
Meal  
Examples



Oven Fried  
Chicken

Beef & Bean  
Nachos

Bibimbap  
Bowl

Chickpea  
Masala

\*meat/meat alternate



More Plants Please!