


Fresh Fruit & Yogurt Parfait

Made with either fresh strawberries or bananas



NUTRITION FACTS

Serv. Size 227 g
Servings Per Container 4

Amount Per Serving	
Calories:	210
Calories from Fat:	25
	%DV
Saturated Fat:	1.5g 8%
Trans Fat:	0g
Total Fat:	2.5g 4%
Cholesterol:	10mg 3%
Sodium:	160mg 7%
Potassium:	500 14%
Carbohydrates:	35g 12%
Fiber:	0g 0%
Sugar:	34g
Protein:	11g
Vitamin A	2%
Vitamin C	6%
Calcium	40%
Iron	0%

(1.4kg) BAGS
(kg)

BULKPAK

NATURE VALLEY™

Oats 'N Honey Granola

The Granola Cereal with Whole Grain Oats

Ingredients: Whole Grain Oats, Sugar, Canola Oil, Rice Flour, Honey, Salt, Brown Sugar Syrup, Baking Soda, Soy Lecithin, Natural Flavor.
CONTAINS SOY INGREDIENTS.

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At least 27 grams of whole grain per serving. At least 48 grams recommended daily.

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