

Greenwich School Lunch Program

Recipe: 000318 Taco Meat

Recipe HACCP Process: #3 Complex Food Preparation

Recipe Source:
Recipe Group: ENTREES

Alternate Recipe Name:
Number of Portions: 576
Size of Portion: 2 oz.

000711 BEEF GROUND ,80/20 Raw-to Cook & Drain...	50 LB,raw wgt, yield incl
109813 TURKEY, GROUND.....	50 LB
011284 ONIONS,DEHYDRATED FLAKES.....	1 1/2 GAL
902253 TOMATO PASTE,CND,HTD.....	3 #10 CAN
014429 WATER,MUNICIPAL.....	22 1/2 CUP
002009 CHILI POWDER.....	1 3/4 CUP
002047 SALT,TABLE.....	1 CUP

*Nutrients are based upon 1 Portion Size (2 oz.)

Calories	171 kca	Cholester	60.68 m	Sugars	*1.28* g	Calcium	33.06 mg	46.05%	Calories from Total Fat
Total Fat	8.73 g	Sodium	383.72 m	Protein	16.78 g	Iron	1.80 mg	16.24%	Calories from Saturate
Saturated	3.08 g	Carbohydr	6.64 g	Vitamin A	523.48 IU	Water ¹	36.87 g	*0.00%*	Calories from Trans Fa
Trans Fat	*0.00* g	Dietary Fi	1.16 g	Vitamin C	11.89 mg	Ash ¹	1.09 g	15.58%	Calories from Carbohy
								39.34%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Miscellaneous		Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt.....	2.000 oz				? - Milk
Grain.....	oz				? - Egg
Fruit.....	cup				? - Peanut
Vegetable.....	cup				? - Tree Nut
Milk.....	cup				? - Fish
Moisture & Fat Change					? - Shellfish
Moisture Change.	0%				? - Soy
Fat Change.....	0%				? - Wheat
Type of Fat.....					

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	000711	BEEF GROUND ,80/20 Raw-to Cook & Drain			
I	109813	TURKEY, GROUND			
I	011284	ONIONS,DEHYDRATED FLAKES			
I	902253	TOMATO PASTE,CND,HTD			
I	014429	WATER,MUNICIPAL			
I	002009	CHILI POWDER			
I	002047	SALT,TABLE			

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.