

Greenwich School Lunch Program

Recipe: 000319 Macaroni & Cheese

Recipe HACCP Process: #3 Complex Food Preparation

Recipe Source:
Recipe Group: ENTREES

Alternate Recipe Name:
Number of Portions: 55
Size of Portion: Serving

020100 MACARONI,COOKED,ENRICHED.....	42 OZ
001154 MILK,DRY,NONFAT,REG,W/ VIT A...	3 QT
000088 MUSTARD ,DRY.....	1 TBSP
002032 PEPPER,WHITE.....	1/4 TSP
902410 American Cheese, Sliced.....	84 OZ

*Nutrients are based upon 1 Portion Size (Serving)

Calories	267	kca	Cholester	35.78	m	Sugars	*13.73*	g	Calcium	575.01	mg	37.38%	Calories from Total Fat
Total Fat	11.09	g	Sodium	888.65	m	Protein	16.87	g	Iron	0.36	mg	23.73%	Calories from Saturate
Saturated	7.04	g	Carbohydr	23.40	g	Vitamin A	1028.68	IU	Water ¹	14.28	g	*0.00%*	Calories from Trans Fa
Trans Fat	*0.00*	g	Dietary Fi	0.39	g	Vitamin C	1.78	mg	Ash ¹	2.13	g	35.05%	Calories from Carbohy
												25.26%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Miscellaneous		Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt.....	oz		Y - Milk		? - Egg
Grain.....	oz		Y - Wheat		? - Peanut
Fruit.....	cup				? - Tree Nut
Vegetable.....	cup				? - Fish
Milk.....	cup				? - Shellfish
Moisture & Fat Change					? - Soy
Moisture Change.	0%				
Fat Change.....	0%				
Type of Fat.....					

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	020100	MACARONI,COOKED,ENRICHED			
I	001154	MILK,DRY,NONFAT,REG,W/ VIT A			
I	000088	MUSTARD ,DRY			
I	002032	PEPPER,WHITE			
I	902410	American Cheese, Sliced			

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.