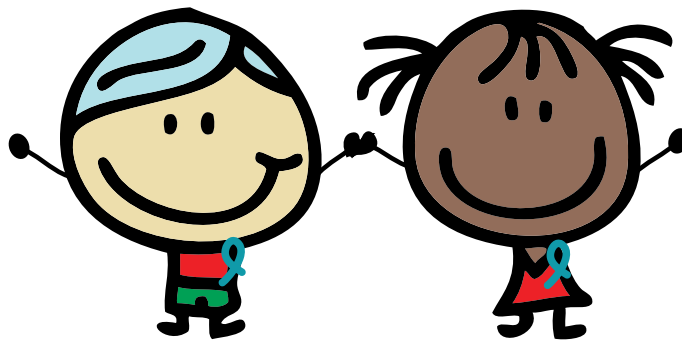


Be A PAL[®]

Protect A Life

From Food Allergies



Stephen is allergic to milk. Olivia is Stephen's PAL.

Here is how you can Be a PAL[®], too:

- Know that food allergies are very serious
- Don't share your food with friends who have food allergies
- Wash hands after eating
- Help all of your friends and classmates have fun together
- If a friend who has food allergies gets sick, get help right away



Thanks for Being a PAL!



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Food Allergy Research & Education

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