

Greenwich Public Schools
SST Steering Committee Meeting Notes
November 30, 2015

Attendance: Tom Bobkowski, Janice Domiziano, Sophie Dowling, Valerie Erde, Diane Chiapetta-Fox, Mary-Stuart Freydberg, Tom Healy, Jim Hricay, Gus Lindine, Rick Piotrkowski, Bob Stacy, Carol Sutton, Chris Winters, Cynthia Womack and Bill McKersie

General Points of Discussion:

1. Cynthia Womack reviewed the updated Phase II SST deliverables and timeline.
2. Approved meeting notes from November 12, 2015 with the following revisions to Student Survey results:
 - a. Most popular options were starting 30 minutes later (58% positive) and recharge option (school hours would be 9:00 – 2:15 one day per week -- 71% positive)
 - b. Added results from Which Option do You Prefer Most:
 - i. 43% -- recharge
 - ii. 11% -- 30 minutes later
 - iii. 9% -- 45 minutes later
 - iv. 13% -- 60 minutes later
 - v. 12% -- no change
 - c. Valerie Erde clarified that she asked if there were anything we could do to make short-term changes for 2016-2017 such as *shifting* 6:30 am band sectionals *to some other time*.
3. Stress Study Recommendation
 - a. Dr. McKersie recommended Chris Winters be in charge of stress study for high school students. GHS is already focused on stressors affecting students; this would eliminate double work. Chris Winters suggests forming a committee with parents, teachers, and mental health professionals from GHS to address other student stressors such as amount of AP classes, amount of homework and when it is due, and outside time commitments for athletics and other extra-curriculars.
 - b. Tom Healy noted the above issues (with the exception of AP classes) also affect middle school students. He suggested adding a middle school administrator to this committee.
4. Cynthia Womack discussed subcommittee assignments
 - a. Transportation and Traffic
 - b. Outcomes Research (working with Hanover Research)
 - c. Stakeholder Survey
5. Transportation Consultant
 - a. Chris Winters noted that flex model may not need two sets of buses for morning and afternoon as GHS already has late buses. Transportation Consultant will look at this.

6. Online Survey Comments
 - a. Mary-Stuart Freydberg asked if comments from the online survey last spring and the online forum in the fall be released to the public. Committee agreed we should make these comments accessible as long as they are anonymous.
7. Cynthia Womack distributed an article from *The Atlantic* about Dr. Charles Czeisler, a Harvard sleep specialist, and asked the committee to read before next meeting. Do we as a committee want to bring him to our community as a speaker? Dr. McKersie asked if the SST steering committee should be focused on engaging and educating our community. Let's discuss at our next meeting.
8. Cynthia Womack distributed upcoming SST steering committee meeting dates for the remainder of the school year. Carol Sutton suggested subcommittees hold their meetings before the regularly scheduled SST steering committee meetings.

Next Meeting: December 11, 2015, 10:30 am – 12:15 pm, Staff Development Room