

GHS SENIOR OPTIONS PROGRAM CLASS OF 2022

[GHS HOMEPAGE](#)



SENIOR OPTIONS DETAILS

- **PROGRAM DATES: MAY 16TH- JUNE 20TH** (PENDING SNOW DAYS)
- SENIORS WHO PARTICIPATE WILL END CLASSES ON **FRIDAY MAY 13TH**
- ALL SENIORS MUST REGISTER ON THE [SENIOR OPTIONS WEBSITE](#) STARTING **WEDNESDAY JANUARY 12TH**
- **FINAL** DEADLINE TO SUBMIT INTERNSHIP OR PROJECT **TUESDAY MARCH 15TH, BUT THE SOONER THE BETTER**
- PTA VOLUNTEERS ARE AVAILABLE IN THE CAREER CENTER DURING THE LUNCH BLOCK TO HELP YOU REGISTER, BRAINSTORM IDEAS, AND CONNECT WITH POTENTIAL INTERNSHIP SITES STARTING ON **JANUARY 25TH.**

PREREQUISITES FOR PARTICIPATION

- HAVE & MAINTAIN A **2.0 CUM GPA**
- HAVE SATISFACTORY ATTENDANCE AND DISCIPLINARY RECORDS
- HAVE NOT FAILED OR BE IN DANGER OF FAILING ANY SENIOR YEAR COURSE (INCLUDES PE)
- HAVE SUCCESSFULLY COMPLETED ALL GRADUATION REQUIREMENTS, INCLUDING PERFORMANCE STANDARDS
- ON **APRIL 1ST**, SENIORS WHO DO NOT MEET THE PREREQUISITES WILL BE MOVED TO OPTION 3 .

OPTION 1: SENIOR INTERNSHIP

- ALL SENIOR INTERNSHIPS ARE SELF-DESIGNED (FIND YOUR OWN) IN THAT STUDENTS MUST CONTACT SITES DIRECTLY. ONCE A SITE AGREES TO TAKE YOU AS AN INTERN, YOU UPLOAD THE PROPOSAL TO THE SENIOR OPTIONS WEBSITE
- ENTER SELF-DESIGNED INTERNSHIP PLAN TO THE SOP WEBSITE BY **MARCH 15TH.**
- REQUIRES AN ADULT SITE SUPERVISOR WHO CANNOT BE YOUR PARENT/GUARDIAN AND A FACULTY MENTOR.
- **INTERNSHIPS MUST BE UNPAID**

Self-design Internship:

- Register on the [Senior Options website](#) starting **January 12th.**
- Develop an [internship proposal](#).
 - All senior internships are self-designed (find your own) in that students must contact sites directly. Once a site agrees to take you as an intern, you upload the proposal to the Senior Options website.
 - Ms. Lochridge and PTA Volunteers in the College & Career Center will support you in identifying and contacting internship sites.
- Submit an internship proposal to the [Senior Options website](#) by March 15th
- Students must have an adult Site Supervisor who cannot be your parent/guardian
- Students cannot be paid for their time (internships must be unpaid)
- Enter weekly log of hours in SOP website during program
- Submit weekly reflections in SOP website during program

For students interested in interning at a GPS Elementary or Middle School:

- Email the teacher that you would like to intern with and cc the school principal
- Once approved by the teacher and principal, add the position to the SOP site

Self-design Project:

- Register on the [Senior Options website](#) starting **January 12th**.
- All projects are to be completed independently - no partner/group projects will be approved
- Projects must fall under one of the following three categories:
 - **Passion project** - [complete an individual research or creative project](#)
 - **Service project** - [volunteer for a non-profit organization](#)
 - **GHS staff project** - [work with a GHS staff member](#)
- Develop a [Senior Project Proposal](#).
- All Senior Projects must be overseen by a GHS faculty member. Your Senior Project Proposal must be approved by your GHS Faculty Mentor before uploading to the SOP website.
- Submit your Senior Project Proposal to the [Senior Options website](#) by March 15th
- Enter weekly log of hours in SOP website during program
- Submit weekly reflections in SOP website during program
- Present your project at the Senior Project Exhibition in the Student Center
 - Date TBD - on or about June 20th
 - Presentation format can be oral, video, website, slide presentation

OPTION 2: SENIOR PROJECT

- ALL PROJECTS ARE TO BE COMPLETED INDEPENDENTLY -**NO PARTNER/GROUP PROJECTS WILL BE APPROVED.**
- **ENTER YOUR DETAILED [SENIOR PROJECT PROPOSAL](#) TO THE SOP WEBSITE**
- PROJECTS MUST FALL UNDER ONE OF THE FOLLOWING THREE CATEGORIES:
 - PASSION PROJECT - [COMPLETE AN INDIVIDUAL RESEARCH OR CREATIVE PROJECT](#)
 - SERVICE PROJECT - [VOLUNTEER FOR A NONPROFIT ORGANIZATIONS](#)
 - GHS STAFF PROJECT - [WORK WITH A GHS STAFF MEMBER](#)
- PRESENT YOUR PROJECT AT THE SENIOR EXHIBITION IN THE STUDENT CENTER
 - DATE TBD- ON OR ABOUT JUNE 20TH
 - PRESENTATION FORMAT CAN BE ORAL, VIDEO, WEBSITE, OR SLIDE PRESENTATION

STEPS TO PARTICIPATE

1. LOG INTO THE SOP WEBSITE CHOOSE INTERNSHIP, PROJECT, OR REMAIN IN CLASSES. CHECK OVER ALL CONTACT INFORMATION AND MAKE EDITS AS NEEDED
2. **ASK** A FACULTY OR STAFF MEMBER TO BE YOUR MENTOR
3. MAKE CONTACT WITH INTERNSHIP SITES OR DEVELOP YOUR PROJECT IDEA
4. SUBMIT YOUR INTERNSHIP PLAN (ONCE THE SITE HAS ACCEPTED YOU) OR YOUR PROJECT PROPOSAL FOR APPROVAL
5. YOUR INTERNSHIP SITE WILL BE REVIEWED BY AN INTERNSHIP COMMITTEE FOR APPROVAL, ONCE SUBMITTED
6. YOUR PROJECT PROPOSAL WILL BE REVIEWED BY YOUR FACULTY/STAFF MENTOR AND THEN BY THE PROJECT REVIEW COMMITTEE, ONCE SUBMITTED
7. THE SOONER THAT YOU SUBMIT YOUR PROPOSAL, THE BETTER SO YOU HAVE TIME FOR IT TO BE REVIEWED AND SENT BACK TO YOU FOR REVISIONS IF NEEDED!

REGISTRATION

Senior Options Program

Greenwich High School, Greenwich, CT

Welcome to SOP Online

Important Stuff



Submit Your Plan The deadline for submitting your plan is January, 31st - Make sure you submit yours on time.

Click [Here](#) to edit and submit.



You're Undertaking an Internship If you select a different Senior Options Program option instead, click below

Click [Here](#) to change your designation

Find an Internship



Messages From SOP



- There are no messages in your mailbox
- Send us an E-Mail

Your Profile, Skills and Interests



- **Your Profile** - See what we know about you. Update your phone number, address or other contact information
- **Upload a Resume** Some sites may require a Resume to apply for a position.
- **Logging In** - Change your username or password

Resources and Links



- Senior Options Program Timeline
- About Self Designed Internships
- Senior Project Template
- Self-Designed Internship Template
- About Self Designed Internships

[Return to the Staff Section](#)

The Senior Internship Program is managed by the Career Office at Greenwich High School.

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REQUIRED VIRTUAL INFORMATION SESSION (MUST ATTEND ONE)

- JANUARY 24 - 1:30-2:00
- JANUARY 25 - 1:30-2:00
- JANUARY 26 - 1:30-2:00
- JANUARY 27 - 1:30-2:00
- SENIOR PROJECT USE THIS LINK: [G.CO/MEET/SENIORPROJECT](https://g.co/meet/seniorproject)
- SENIOR INTERNSHIP MEETING LINK: [G.CO/MEET/SENIORINTERNSHIP](https://g.co/meet/seniorinternship)
- **ONCE YOU HAVE ATTENDED AN INFO SESSION**, IF YOU HAVE FURTHER QUESTIONS STOP INTO THE CAREER CENTER/MEDIA CENTER DURING LUNCH BLOCK
- ALISON LOCHRIDGE-INTERNSHIP COORDINATOR
- LAURA JEAN WATERS-SENIOR PROJECT COORDINATOR