
























GREENWICH HIGH SCHOOL LUNCH MENU

JANUARY 13 - 17, 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PLATE LUNCH Student: \$3.95  Look for our new symbol on the menu and in your cafeteria identifying products that are "Suitable for Vegetarians" DAILY SPECIAL \$4.75 PASTA STATION \$3.75	HOMEMADE MEATBALL PARMIGIANA GRINDER OR DOMINO'S™ PIZZA  OR ASSORTED SALADS SANDWICHES OR PB&J on Assorted Breads   Assorted Veggie Cups Or Tossed Salad  Assorted Fruit Choice Choice of Milk FRESH ESCAROLE AND BEAN PASTA BOWL W/ w/o Chicken Sausage PENNE WITH PESTO OR MARINARA GARLIC ROLL	CHILI CON CARNE OVER BROWN RICE With Cheese & Onions And Tortilla Chips OR DOMINO'S™ PIZZA  OR ASSORTED SALADS SANDWICHES OR PB&J on Assorted Breads   Assorted Veggie Cups Or Sweet Corn  Assorted Fruit Choice Choice of Milk MEXICAN CHICKEN FAJITA RICE BOWL WITH BLACK BEAN & CORN SALAD SPAGHETTI WITH MEAT SAUCE OR MARINARA & WEDGE	PASTA  With or without HOMEMADE MEATSAUCE Garlic Roll OR DOMINO'S™ PIZZA  OR ASSORTED SALADS SANDWICHES OR PB&J on Assorted Breads   Assorted Veggie Cups Or Kale Chips  Assorted Fruit Choice Choice of Milk BBQ PULLED PORK RICE BOWL W/ SWEET POT. & CORN BAKED ZITI AND GARLIC BREAD	ITALIAN 3 FT. WEDGE SLICE Lettuce & Tomato OR DOMINO'S™ PIZZA  OR ASSORTED SALADS SANDWICHES OR PB&J on Assorted Breads   Assorted Veggie Cups Or Potato Triangles  Assorted Fruit Choice Choice of Milk MEDITERRANEAN CHICKEN RICE BOWL WITH RED CURRY HUMMUS FETTUCCHINI ALFREDO OR MARINARA & ROLL	CRISPY CHICKEN DRUMSTICK With Cous cous OR DOMINO'S™ PIZZA  OR ASSORTED SALADS SANDWICHES OR PB&J on Assorted Breads   Assorted Veggie Cups Or Caesar Salad  Assorted Fruit Choice Choice of Milk HARVEST RICE BOWL <i>Roasted squash, caramelized onions, and kale salad with or without chicken</i> TRICOLOR PASTA PESTO OR MARINARA sauce & wedge
CARDINAL SPECIALS \$5.50	GRILLED POTOBELLO BURGER CHIPOTLE MAYO, ROASTED RED PEPPERS FRESH MOZZARELLA W/ SOUP AND SALAD	ITALIAN SAUSAGE, PEPPERS & ONION WEDGE & TOSSED SALAD	WARM, CRISPY WHITE MEAT CHICKEN CEASAR SALAD CRUSTY BREADSTICK	BAKED EGGPLANT PARMIGIANA FRESH PASTA AND TOSSED GREENS	ASSORTED HOMEMADE QUICHE DU JOUR WITH SALAD
FROM THE GRILL & ALA CARTE	CHICKEN SOUVALKI Marinated Chicken with Onions and Peppers in a Pita Tzatziki Sauce 5.25 W/ FRENCH FRIES \$5.75	¼ # B.L.T. CHEESEBURGER Bacon, Lett. & Tom. \$4.45 WITH FRENCH FRIES \$4.95	Garden Catering Wrap Nuggets & Cones With Cheese Honey Mustard Sauce \$8.50	CHICKEN/CHEESE or CHEESE QUESADILLAS  \$5.25 WITH FRENCH FRIES \$5.75	TEXAS BURGER Chili & Cheddar Cheese Jalapenos \$4.45 WITH FRENCH FRIES \$4.95