

Greenwich Public Schools Elementary Menu December 2019

Why Pack Lunch?

Lunch Price: \$3.70 includes whole fresh hand fruit in season, unlimited fresh fruit & veggie cups, and choice of milk

MONDAY



TUESDAY



WEDNESDAY

Every Lunch Includes
Unlimited Fresh Fruit and Vegetable Cups!

THURSDAY

New this month:
Charred Orange Broccoli!

FRIDAY



DAILY ALTERNATIVES

Whole Wheat Bagel w/ String Cheese & Stonyfield Organic Yogurt



SunButter & Jelly Sandwich on Fresh Whole Wheat Bread



Homemade Hummus^{Gf} w/ Crunchy Pita Chips



Fruit, Granola & Yogurt Parfait



WG Cereal w/ String Cheese



NEW ITEM

Swiss Chard Frittata!



NEW ITEM

Harvest Blend Roasted Vegetables



2 Whole Grain Waffles
with All Natural Chicken Breakfast Sausage

Chicken Filet Sandwich
with Lettuce and Sliced Tomatoes

3 Street Tacos
Seasoned Taco Meat and Whole Grain Tortilla served with Your Favorite Toppings, Black Beans, Cheddar Cheese & Brown Rice
Falafal Nugget Wrap with Fresh Tzatziki Sauce

4 Pasta Bar - Homemade Meat Sauce or Non-GMO Marinara Sauce. Served with Whole Grain Garlic Toast
CRISPY ZUCCHINI PARMESAN

5 Hummel Brother's Frankfurter Uncured
All-Beef served with Oven Baked Steak Fries
Sizzling Chicken Vegetable Noodle Stir-Fry

6 French Bread Pizza
Non GMO - Tomato Sauce & Shredded Mozzarella Cheese
Veggie Quesadilla
with Pinto Beans and Brown Rice

9 Kickin' Chicken Tenders
Assorted Dipping Sauces
Crispy Grilled Cheese Sandwich
on Whole Grain

10 Fiesta Black Bean Bowl
with Steamed Brown Rice. Served with Your Favorite Toppings
CONFETTI CORN SALSA

11 Pasta Bar - Homemade Meat Sauce or Non-GMO Marinara Sauce. Served with Whole Grain Garlic Toast
Beans and Braised Greens

12 Home-Baked Macaroni and Cheddar Cheese
CHARRED ORANGE BROCCOLI

13 Roasted Peppers & Onion Pizza
Non GMO - Tomato Sauce & Shredded Mozzarella Cheese
Bean and Cheese Burrito
with Salsa & Sour Cream

16 Mediterranean Grilled Chicken Pita
Swiss Chard Frittata
on Whole Grain Roll

17 Nacho Bar - Seasoned Taco Meat and Whole Grain Tortilla Chips served with Your Favorite Toppings, Cheddar Cheese & Brown Rice
Corn & Edamame Salad

18 Pasta Bar -Homemade Meat Sauce or Non-GMO Marinara Sauce. Served with Whole Grain Garlic Toast
Baked Stuffed Potato
with Broccoli and Cheddar

19 100% Beef Burger Whole Wheat Bun
Oven Baked Fries
HARVEST BLEND ROASTED VEGETABLES

20 Classic Cheese Pizza
Non GMO - Tomato Sauce & Shredded Mozzarella Cheese
Quinoa Vegetable Salad

23 Holiday Recess
Schools Closed Through January 1st

24 Holiday Recess
Schools Closed Through January 1st

25 Holiday Recess
Schools Closed Through January 1st

26 Holiday Recess
Schools Closed Through January 1st

27 Holiday Recess
Schools Closed Through January 1st