

## Guidance from Greenwich Public School's Medical Advisor Dr. Katy Noble

**If you are concerned about possible exposure to COVID-19 please do not come to go to your pediatrician's office.**

Instead, contact your local health department:

- CT: (860) 509-7994; After Hours: (860) 509-8000
- NY: (914) 813-5159; After Hours: (914) 813-5000

**Limited COVID-19 testing is now available in CT but cannot be done in at Pedestrian's Offices.**

- Testing can be done locally at Greenwich Hospital by appointment only in a special tent, set up to safely obtain respiratory samples. Please call your pediatrician's office if you believe you need testing.

For general questions about COVID-19:

- call Yale New Haven Health COVID-19 Call Center at (203) 688-1700
- visit this website for updated [COVID-19 information](#), with links to the most reliable resources (CDC, AAP, [HealthyChildren.org](#))

For guidance on managing minor illness at home: visit this website ◇ [“Symptom Checker”](#), as well as [HealthyChildren.org](#).

For an urgent medical problem: please call your pediatrician's office or seek medical attention at the ER if needed.

For travel guidance: please refer to the CDC [here](#).

- Understand travel can increase risk of infection transmission, including COVID-19.
- Travel recommendations (including restrictions and quarantine policies) may change during your trip.

Above all else, please stay informed and remain calm! Parents are role models for children. Children are looking for reassurance and do not benefit from panic.

Very best,

Katherine Noble MD