**Greenwich Public Schools**

**Social Emotional Learning Calendar Events 2015 - 2016**

**BE HERE - LOG OFF AND LISTEN IN**

**Wednesday, September 30th  – White**

Students will discuss about how to pay attention and use their entire body to listen and attend ( “whole body listening” as a tool for learning) . Older grades - secondary level - will have the challenge to log off social media websites for one day.

**CARE FOR SELF AND OTHERS – YOU GOT A FRIEND IN ME! Thursday, November 12th – Red**

Students will talk about the value of friendship, ways to help others and show compassion.

**BE SAFE – STOP. THINK. ACT**

**Thursday, January 28th – Green**

Students will learn about making safe decisions, how to plan ahead and set personal goals.

**LET GO AND MOVE ON  – KEEP CALM –**

**Thursday, March 24th – Blue**

Students will learn how to cope with stress (for example when taking a test) and how to solve conflicts.

**BE HONEST – KEEP IT REAL**

**Thursday, May 19th – Orange**

Elementary school students will discuss about how to " be honest and take responsibility for their actions.  Do the right thing!"  - Secondary students will focus on increasing self-awareness and taking responsibility for their life (setting personal goals and brainstorm ways to achieve them).