

GREENWICH PUBLIC SCHOOLS
Greenwich, CT

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For Immediate Release:

GPS CELEBRATES *LET GO AND MOVE ON DAY*
Thursday, May 14, 2015

Greenwich, CT - Wednesday, May 13, 2015 – LET GO AND MOVE ON DAY is one of many events organized by the Greenwich Public Schools this year as a way to promote a safe school climate by fostering social-emotional skills in our students and reinforcing the district's norms: *Be Here, Be Safe, Be Honest, Care for Self and Others, Let Go and Move On*. Using lesson plans developed by mental health professionals and teachers, schools across the District will participate in LET GO AND MOVE ON DAY.

WHO: On May 14th, a majority of students in the Greenwich Public Schools will celebrate LET GO AND MOVE ON DAY.

WHAT: LET GO AND MOVE ON is a common initiative across grade levels to offer students an opportunity to reflect on their most meaningful learning experiences from the current school year. Teachers were provided with lesson plan ideas to use during morning meetings and advisory time. Students and teachers will discuss their personal and group achievements from throughout this school year. Students will be asked to reflect on their most special learning experiences and share how those experiences helped them become better students, friends, and community members. Students will have an opportunity to share a "word of wisdom" with their peers from a lower grade. Students will engage in activities that strengthen the skills they have learned.

WHERE Greenwich Public Schools classrooms

WHEN: Thursday, May 14, 2015

WHY: The LET GO AND MOVE ON DAY event is a meaningful initiative in two ways: First, it offers students an opportunity to reflect on their past learning experiences, and share meaningful "life lessons" with their younger peers; Second, it creates an opportunity for fostering social-emotional learning and reinforcing the district norms.

HOW: Mental health professionals and teachers from many of the schools coordinated the event with the teachers, administrators and students in their respective schools. Lesson plans were disseminated structured around the theme LET GO AND MOVE ON, encouraging teachers to implement them in their own creative ways. In addition, all teachers, staff and students in the GPS and at Havemeyer are encouraged to wear WHITE on May 14th expressing their participation in the event.

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