

Dear Parents and Athletes:

Basketball season is approaching and we want all students who wish to participate to have the opportunity to tryout. We hope this clarifies for all, the rules for Physical Exams for Sports Participation

All students must have a current physical exam for sports participation signed by a physician and a parent/guardian dated within 13 months from the first DAY of tryouts before they take the field.

To insure this goes smoothly you should encourage your child to check in the nurse's office for the most current sports physical we have on record; this should happen at least a week or so before tryouts, then if there is confusion it can be worked out before the child takes the field.

New forms should be sent to the nurse's office a minimum one to two weeks before tryouts. They are recorded at the nurse's office and a printout is sent to the coaches the day of tryouts. Forms handed in the day of tryouts cannot be assured eligibility.

Please note that the medical exam SHOULD be on the Sports Participation Form. This is the case from Middle School through High School for all athletes, and at Greenwich High School will be mandatory.

Good Luck to all.

Mary Keller, RN, MPH
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