

Parents: I will be conducting health screenings during the weeks of December 1, 2009 and December 7, 2009 during PE classes. Eighth grade students will have posture and hearing screenings; seventh grade students will have posture screenings; sixth grade students are required to have a physical examination by their physician, so the screenings will be done then. The posture screening takes place in a private area, one student at a time. The student is asked to stand up straight, then to bend over at the waist. I examine the bare back to observe for any sign of a lateral (to the side) curve. If a curve is noticed, the student will be examined again in three (3) months. Please encourage your child/children to wear loose fitting shirts that week to make the examination easier. If you have any questions, please call me at the Central Middle School's Nurse's Office #661- 8500 .

Thank you,

Mrs. Lori Fierro, RN